



Nutritional values listed are based on standard recipes and preparation. Any variations in ingredients, preparation, as well as any substitutions may increase or decrease the listed nutritional values.

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. ADDITIONAL NUTRITION INFORMATION AVAILABLE UPON REQUEST.

	Calories	Cal frm Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbos	Fiber	Sugars	Protein
STARTERS	Calories	Cal from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein
BRISKET CHILI CHEESE FRIES	860	260	44 g	18 g	0 g	80 mg	2330	89 g	9 g	7 g	29 g
DEVILED EGGS	240	110	12 g	2.5 g	0 g	210 mg	6690	22 g	3 g	19 g	7 g
ONION RINGS											
— Half Basket	450	220	25 g	5 g	0 g	30 mg	1100	51 g	5 g	19 g	8 g
— Full Basket	860	440	49 g	10 g	0 g	60 mg	1720	90 g	9 g	26 g	15 g
SMOKED BUFFALO WINGS - 6 pc											
— Plain	850	440	49 g	12 g	0 g	480 mg	1610	7 g	1 g	4 g	97 g
— Morgan Co. Sauce	1130	700	78 g	17 g	0 g	505 mg	2160	11 g	2 g	7 g	97 g
— Buffalo	980	570	63 g	19 g	0 g	480 mg	3750	7 g	1 g	4 g	97 g
— with Ranch - Add	220	210	23 g	4.5 g	0 g	20 mg	200 mg	2 g	< 1 g	2 g	1 g
— with Blue Cheese - Add	340	310	35 g	9 g	0 g	40 mg	270 mg	1 g	< 1 g	1 g	4 g
SMOKED BUFFALO WINGS - 12 pc											
— Plain	1710	890	98 g	24 g	0 g	960 mg	3220	13 g	3 g	8 g	194 g
— Morgan Co. Sauce	2260	1400	155 g	35 g	0 g	1015 mg	4330	22 g	4 g	15 g	194 g
— Buffalo	1960	1140	126 g	37 g	0 g	960 mg	7510	13 g	3 g	8 g	194 g
— with Ranch - Add	290	270	30 g	5 g	0 g	30 mg	590 mg	3 g	< 1 g	2 g	2 g
— with Blue Cheese - Add	450	420	46 g	12 g	0 g	50 mg	370 mg	2 g	< 1 g	1 g	5 g
BREADS	Calories	Cal from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein
CHEESE BISCUITS											
— Per 1/2 Dozen	900	430	47 g	18 g	4.5 g	100 mg	1650	64 g	43 g	13 g	20 g
— Per Dozen	1800	860	94 g	36 g	9 g	195 mg	3310	128 g	86 g	26 g	40 g

	Calories	Cal frm Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbos	Fiber	Sugars	Protein
— Per Each, w/o Honey Butter	120	50	5 g	2.5 g	0 g	15 mg	250 mg	9 g	7 g	< 1 g	3 g
HONEY BUTTER	170	140	15 g	7 g	0 g	0 mg	120 mg	9 g	< 1 g	9 g	< 1 g
TOASTED BUN	270	80	9 g	4.5 g	0 g	0 mg	125 mg	39 g	2 g	3 g	8 g
SALADS (Dressing is not included)	Calories	Cal from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein
PIG IN THE GARDEN											
— Beef Brisket	1290	970	110g	45g	0.5g	195mg	1500mg	22g	7g	5g	60g
— Pork	990	610	70g	26g	0.5g	185mg	1950mg	25g	6g	8g	70g
— Smoked Chicken	1000	640	73g	26g	0.5g	170mg	1530mg	26g	8g	9g	65g
— Tenders	1110	670	76g	25g	0.5g	165mg	1860mg	41g	10g	5g	72g
— Turkey	900	520	60g	22g	0.5g	170mg	2270mg	23g	6g	6g	71g
CHOPPED SOUTHERN SALAD											
— Beef Brisket	1400	1010	113g	46g	0.5g	195mg	1540mg	40g	9g	14g	60g
— Pork	1100	650	73g	27g	0.5g	185mg	2000mg	44g	9g	16g	70g
— Smoked Chicken	1110	680	77g	27g	0.5g	170mg	1580mg	44g	11g	18g	65g
— Tenders	1210	710	80g	25g	0.5g	165mg	1900mg	60g	12g	14g	72g
— Turkey	1000	560	63g	22g	0.5g	170mg	2320mg	41g	9g	15g	71g
CLASSIC GREEK SALAD - Niceville											
— Beef Brisket	800	590	66g	30g	0g	160mg	2160mg	11g	3g	5g	41g
— Pork	500	230	26g	11g	0g	150mg	2620mg	14g	3g	7g	50g
— Smoked Chicken	510	260	29g	11g	0g	135mg	2200mg	15g	5g	9g	45g
— Tenders	620	290	32g	9g	0g	135mg	2520mg	31g	6g	5g	52g
— Turkey	400	140	16g	6g	0g	135mg	2940mg	12g	3g	6g	51g
	Calories	Cal frm Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbos	Fiber	Sugars	Protein
HOUSE GARDEN SALAD	360	250	29g	11g	0g	35mg	320mg	12g	3g	3g	17g
DRESSINGS & SAUCES (per 1.5 floz)	Calories	Cal from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein
BAR-B-QUE SAUCE	50	15	1.5g	0.5g	0g	0mg	160mg	5g	4g	5g	< 1 g
BUFFALO SAUCE	100	100	11 g	5 g	0 g	0 mg	1610	< 1 g	< 1 g	0 g	< 1 g
CAROLINA VINEGAR SAUCE	5	0	0 g	0 g	0 g	0 mg	280 mg	< 1 g	1 g	0 g	< 1 g

1000 ISLAND	220	170	19 g	3.5 g	0 g	25 mg	490 mg	11 g	< 1 g	7 g	< 1 g
BAR-B-QUE RANCH	200	190	21 g	3 g	0 g	15 mg	200 mg	2 g	< 1 g	2 g	< 1 g
BLUE CHEESE	340	310	35 g	9 g	0 g	40 mg	270 mg	1 g	< 1 g	1 g	4 g
HONEY MUSTARD	330	260	29 g	5 g	0 g	20 mg	460 mg	20 g	< 1 g	18 g	< 1 g
RANCH	220	210	23 g	4 g	0 g	20 mg	200 mg	2 g	< 1 g	2 g	1 g
VINAIGRETTE	290	290	34 g	2.5 g	0 g	0 mg	290 mg	< 1 g	< 1 g	0 g	< 1 g
KETCHUP	45	0	0g	0g	0g	0mg	480mg	12g	0g	12g	< 1 g
MORGAN CO WHITE SAUCE	200	190	21 g	4 g	0 g	20 mg	410 mg	3 g	< 1 g	3 g	< 1 g
TARTAR SAUCE	370	370	40 g	7 g	0 g	35 mg	270 mg	1 g	< 1 g	< 1 g	< 1 g
POTATOES	Calories	Cal from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein
LOADED BAR-B-Q BAKER											
— Beef Brisket	1510	840	94 g	43 g	2 g	195 mg	1590	106 g	19 g	15 g	50 g
— Pork	1210	480	54g	24g	2g	180mg	2050mg	109g	19g	18g	60g
— Smoked Chicken	1320	590	66 g	26 g	2 g	195 mg	1970	111 g	21 g	21 g	56 g
— Turkey	1110	390	43 g	19 g	2 g	170 mg	2370	107 g	19 g	17 g	61 g
NOT SO NAKED POTATO	610	320	36 g	17 g	2 g	65 mg	310 mg	53 g	5 g	4 g	18 g
	Calories	Cal frm Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbos	Fiber	Sugars	Protein
SOUPS (includes Saltine Crackers)	Calories	Cal from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein
BRISKET CHILI											
— Cup	290	160	18 g	8 g	0 g	40 mg	830 mg	21 g	3 g	4 g	12 g
— Bowl	550	310	34 g	15 g	0 g	75 mg	1630 mg	40 g	6 g	8 g	22 g
TRIMMINGS	Calories	Cal from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein
BAKED BEANS	180	35	3.5g	1.5g	0g	0mg	710mg	27g	8g	11g	7g
COLESLAW	120	90	10 g	2 g	0 g	10 mg	290 mg	5 g	4 g	3 g	1 g
FRESH CUT FRIES	340	0	11 g	3 g	0 g	3 mg	2090 mg	54 g	6 g	3 g	6 g
MACARONI & CHEESE	330	180	20 g	12 g	0 g	60 mg	810 mg	22 g	< 1 g	4 g	16 g
MASHED POTATOES - Niceville	350	190	21 g	10 g	0 g	10 mg	790 mg	37 g	3 g	4 g	6 g

— Beef Brisket	730	590	66g	29g	0g	155mg	1120mg	< 1g	< 1 g	0g	33g
— Carolina-style Pork	370	160	18g	7g	0g	140mg	1660mg	5g	< 1 g	3g	44g
— Classic Pulled Pork	370	160	18g	7g	0g	140mg	1660mg	5g	< 1 g	3g	44g
— Smoked Chicken	500	300	33g	9g	0g	160mg	1570mg	7g	3g	7g	39g
— Smoked Turkey	260	50	5g	1g	0g	125mg	2050mg	2g	< 1 g	2g	46g
— Babyback Ribs	630	410	45g	16g	0g	185mg	310mg	1g	2g	1g	52g
— Spare Ribs	1260	930	103g	32g	0g	355mg	1900mg	4g	5g	4g	67g
PICK 3 MEATS (Values are per											
— Beef Brisket	490	390	44g	19g	0g	105mg	750mg	< 1 g	< 1 g	0g	22g
— Carolina-style Pork	250	110	12g	4.5g	0g	95mg	1110mg	3g	< 1 g	2g	30g
— Classic Pulled Pork	250	110	12g	4.5g	0g	95mg	1110mg	3g	< 1 g	2g	30g
— Smoked Chicken	340	200	22g	6g	0g	105mg	1050mg	5g	2g	5g	26g
— Smoked Turkey	170	30	3.5g	0.5g	0g	85mg	1360mg	1g	< 1 g	1g	30g
— Babyback Ribs	470	300	34g	12g	0g	140mg	230mg	< 1g	2g	< 1g	39g
— Spare Ribs	950	700	78g	24g	0g	265mg	1430mg	3g	3g	3g	50g
RIBS	Calories	Cal from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein
CLASSIC SPARE RIBS											
— 1 lb.	1260	930	103g	32g	0g	355mg	1900mg	4g	5g	4g	67g
— 2 lb.	2530	1870	207g	63g	0g	710mg	3800mg	8g	9g	7g	134g
— 3 lb.	3790	2800	310g	95g	0.5g	1060mg	5710mg	12g	14g	11g	201g
BABY BACK RIBS											
— Half Rack	760	490	54g	19g	0g	225mg	370mg	1g	3g	1g	63g
— Big Rack	1700	1100	122g	43g	0g	505mg	830mg	3g	6g	3g	140g
JNN SANDWICHES	Calories	Cal from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein
(does not include bread, sauce,											
Beef Brisket	610	490	55g	24g	0g	130mg	930mg	< 1g	< 1 g	0g	27g
Carolina Style Pork	350	160	18g	6g	0g	120mg	1570mg	6g	1g	4g	37g
Pig on a Bun	310	130	15g	6g	0g	115mg	1390mg	4g	< 1 g	3g	37g
Smoked Chicken	420	250	27g	8g	0g	130mg	1310mg	6g	3g	6g	33g

Turkey Breast	220	40	4.5g	1g	0g	105mg	1700mg	2g	< 1 g	1g	38g
FRIED CATFISH SANDWICH	610	420	46g	9g	0g	110mg	1270mg	17g	5g	1g	31g
ORIGINAL TURKEY SANDWICH	270	70	8g	1.5g	0g	105mg	1760mg	7g	< 1g	5g	39g
GRILL - PLATES	Calories	Cal from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein
RIBEYE - Jasper Location Only	860	610	68g	30g	4g	230mg	820mg	< 1 g	< 1 g	0g	63g
	Calories	Cal frm Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbos	Fiber	Sugars	Protein
BURGERS	Calories	Cal from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein
ADD BACON (2 SLICES)	330	390	35 g	12 g	0 g	45 mg	470 mg	< 1 g	< 1 g	0 g	7 g
JNN ORIGINAL BURGER - Single	770	470	52 g	22 g	1.5 g	120 mg	1660 mg	41 g	3 g	6 g	35 g
JNN ORIGINAL BURGER - Double	1050	680	75 g	31 g	2.5 g	200 mg	1740 mg	41 g	3 g	6 g	54 g
SOUTHERN BURGER - Single	1040	770	77 g	29 g	1.5 g	155 mg	1850 mg	46 g	7 g	8 g	40 g
SOUTHERN BURGER - Double	1330	980	100 g	38 g	2.5 g	235 mg	1920 mg	46 g	7 g	8 g	59 g
DESSERTS	Calories	Cal from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein
BY THE SERVING											
Banana Pudding	720	340	39 g	20 g	0 g	295 mg	290 mg	32 g	55 g	16 g	6 g
Chocolate Cream Pie - SLICE	820	440	50g	25g	2g	340mg	360mg	20g	63g	4g	8g
Lemon Ice Box - SLICE	900	440	49 g	27 g	0 g	355 mg	270 mg	74 g	24 g	60 g	11 g
	Calories	Cal frm Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbos	Fiber	Sugars	Protein
WHOLE PAN OR PIE											
Banana Pudding - Whole	8660	4100	462g	244g	0g	3545mg	3530mg	387g	665g	192g	73g
Chocolate Cream Pie	5760	3110	350g	177g	13g	2375mg	2550mg	143g	442g	28g	58g
Lemon Ice Box Pie	6310	3060	344 g	188 g	0 g	2475 mg	1870 mg	516 g	166 g	421 g	77 g
Lil' Piggie	Calories	Cal from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein
CHICKEN TENDERS	280	130	14g	2.5g	0g	65mg	860mg	13g	2g	0g	26g
GRILLED CHEESE	430	160	18g	11g	0g	30mg	1040mg	49g	2g	0g	16g

Macaroni & Cheese	670	360	41g	23g	0g	120mg	1620 mg	45g	2g	9g	32g
Lil' BBQ Sandwich (includes Bun,											
— Beef Brisket	560	350	39 g	17 g	0 g	75 mg	920 mg	28 g	5 g	8 g	23 g
— Pork	380	130	14 g	5 g	0 g	70 mg	1200 mg	30 g	5 g	9 g	30 g
— Smoked Chicken	450	200	22 g	7 g	0 g	80 mg	1150 mg	31 g	7 g	11 g	27 g
— Turkey	330	70	8 g	2.5 g	0 g	60 mg	1390 mg	29 g	5 g	9 g	31 g
	Calories	Cal frm Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbos	Fiber	Sugars	Protein
BEVERAGES	Calories	Cal from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein
BARQ'S ROOT BEER	160	0g	0g	0g	0g	0mg	65mg	45	0	45	0
COCA-COLA	150	0g	0g	0g	0g	0mg	35mg	40	0	40	0
COCA-COLA ZERO	0	0g	0g	0g	0g	0mg	40mg	0	0	0	0
DIET COKE	0	0g	0g	0g	0g	0mg	45mg	0	0	0	0
HI-C FLASHN' FRUIT PUNCH	150	0g	0g	0g	0g	0mg	50mg	42	0	41	0
PIBB XTRA	140	0g	0g	0g	0g	0mg	55mg	39	0	39	0
SPRITE	140	0g	0g	0g	0g	0mg	65mg	39	0	39	0
DAVE'S LEMONADE	160	0g	0g	0g	0g	0mg	10mg	3g	40g	< 1g	0g
DOROTHY'S SWEET TEA	120	0g	0g	0g	0g	0mg	5mg	< 1g	31g	0g	0g
DOROTHY'S UNSWEET TEA	0	0g	0g	0g	**	0mg	10mg	< 1g	0g	0g	0g
THE PALMER	140	0g	0g	0g	0g	0mg	10mg	2g	37g	0g	0g
KID'S BEVERAGES	Calories	Cal from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein
BARQ'S ROOT BEER	120	0g	0g	0g	0g	0mg	50mg	33	0	33	0
COCA-COLA	110	0g	0g	0g	0g	0mg	25mg	29	0	29	0
COCA-COLA ZERO	0	0g	0g	0g	0g	0mg	30mg	0	0	0	0
DIET COKE	0	0g	0g	0g	0g	0mg	35mg	0	0	0	0
HI-C FLASHN' FRUIT PUNCH	110	0g	0g	0g	0g	0mg	40mg	31	0	30	0
PIBB XTRA	100	0g	0g	0g	0g	0mg	40g	28	0	28	0
SPRITE	100	0g	0g	0g	0g	0mg	45mg	28	0	28	0
DAVE'S LEMONADE	130	0g	0g	0g	0g	0mg	5mg	2g	33g	< 1g	0g
DOROTHY'S SWEET TEA	100	0g	0g	0g	0g	0mg	5mg	< 1g	27g	0g	0g

DOROTHY'S UNSWEET TEA	0	0g	0g	0g	**	0mg	5mg	< 1g	0g	0g	0g
MILK	300	16g	140g	10g	0g	70mg	240mg	24g	0g	22g	16g
	Calories	Cal frm Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbos	Fiber	Sugars	Protein
DRIVE THRU	Calories	Cal from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein
DT PIGGIE EXPRESS - BEEF	900	590	65 g	27 g	0 g	130 mg	1630 mg	42 g	6 g	7 g	33 g
DT PIGGIE EXPRESS - PORK	600	230	25 g	9 g	0 g	115 mg	2080 mg	45 g	6 g	9 g	45 g
DT JNN ORIGINAL BURGER -	770	470	52 g	22 g	1.5 g	120 mg	1660	41 g	3 g	6 g	35 g
DT JNN ORIGINAL BURGER -	1050	680	75 g	31 g	2.5 g	200 mg	1740	41 g	3 g	6 g	54 g
DT PIGGIE POTATO - BEEF	1380	800	89g	40g	3.5g	215mg	2020mg	78g	26g	11g	46g
DT PIGGIE POTATO - PORK	1340	570	63g	27g	3.5g	205mg	3020mg	100g	43g	32g	54g
DT PIGGIE POTATO - SMOKED CHICKEN (includes 2 Cheese	1230	610	67g	26g	3.5g	215mg	2320mg	83g	28g	16g	50g
DT PIGGIE POTATO - TURKEY	1070	440	49g	21g	3.5g	195mg	2640mg	79g	26g	12g	55g
DT GARDEN SALAD - BEEF (includes 2 Cheese Biscuits)	1540	1070	121 g	50 g	0.5 g	230 mg	2000 mg	40 g	21 g	6 g	67 g
DT GARDEN SALAD - CHICKEN (includes 2 Cheese Biscuits)	1350	820	93 g	34 g	0.5 g	230 mg	2370 mg	46 g	23 g	12 g	72 g
DT GARDEN SALAD - PORK (includes 2 Cheese Biscuits)	1240	710	81 g	32 g	0.5 g	215 mg	2450 mg	43 g	21 g	9 g	77 g
DT CHICKEN TENDERS (Tenders	430	190	21g	4g	0g	100mg	1290mg	20g	3g	0g	39g
DRIVE THRU PLATES (includes 2 Cheese Biscuits, does	Calories	Cal from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein
DT BEEF BRISKET PLATE	1220	890	98g	43g	1.5g	240mg	2000mg	19g	15g	1g	51g
DT CAROLINA STYLE PORK PLATE	740	310	34g	13g	1.5g	220mg	2730mg	24g	14g	6g	66g
DT SMOKED CHICKEN PLATE -	990	570	63g	19g	1.5g	255mg	3050mg	31g	19g	13g	53g
	Calories	Cal frm Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbos	Fiber	Sugars	Protein
DT SMOKED CHICKEN PLATE -	1130	620	68g	20g	1.5g	310mg	3270mg	31g	20g	13g	76g
DT SMOKED CHICKEN PLATE -	1060	510	56g	17g	1.5g	295mg	2960mg	30g	19g	12g	87g
DT SMOKED CHICKEN PLATE -	610	330	37g	11g	1.5g	145mg	1780mg	24g	17g	7g	30g
DT SMOKED CHICKEN PLATE -	650	300	33g	10g	1.5g	165mg	1740mg	24g	17g	7g	47g

