

JIM'N NICK'S  
COMMUNITY  
BAR-B-Q  
"WE GIVE YOU OUR BEST"

FOOD ALLERGENS LIST

R01.06.2026

# JIM 'N NICK'S BAR-B-Q

## FOOD ALLERGENS LIST

REV. 01.06.2026

Please be advised that food prepared at Jim 'N Nick's may contain these ingredients: MILK, EGGS, WHEAT, SOYBEAN, PEANUTS, TREE NUTS, FISH, SHELLFISH, and SESAME as well as less common food allergens. Jim 'N Nick's takes precautions in an attempt to identify ingredients that may cause allergic reactions so our guests with food allergies can make informed food selections. Despite taking precautions, normal kitchen operations may involve shared cooking areas, (including but not limited to foods cooked in common oil and/or on common grills) food preparation areas and utensils, and the possibility exists for your food items to come in contact with other food products, including allergens. Jim 'N Nick's relies upon its suppliers to provide accurate allergen information for products used as ingredients in menu items. Jim 'N Nick's menu items are prepared fresh each day in our kitchens, and there is always a risk of cross-contact with other allergens.

Jim 'N Nick's cannot eliminate the risk of cross-contact or guarantee that any menu item is free of any allergen. Jim 'N Nick's, its franchisees and employees do not assume responsibility for a particular allergy or sensitivity to any food provided in our restaurants. For more information concerning a particular menu item or ingredient, please ask the restaurant manager. According to the FDA, highly refined oils such as highly refined soybean are not considered major food allergens and therefore are not listed here.

If you have an allergy, food sensitivity or special dietary need, we recommend that you consult with your physician prior to making a decision about whether or not to eat any Jim 'N Nick's product.

Common Allergens ►	Wheat	Gluten	Milk	Soy	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Sesame
<b>BAR-B-Q MEATS* (without Additional Sauce)</b>										
Smoked Pork (plain, no sauce)										
Beef Brisket										
Smoked Chicken				X	X				X	
Classic Spareribs				X	X				X	
Baby Back Ribs				X	X				X	
Turkey Breast										
Smoked Wings (plain, no sauce)	X	X	X	X	X			X		
Jalapeno Cheddar Sausage				X						
Smoked Ham (Holiday)										
<b>SHARABLES</b>										
Smoked Buffalo Wings w/Buffalo Sauce	X	X	X	X	X			X		
— Ranch Dressing			X		X					
— Blue Cheese Dressing			X		X			X		
Smoked Buffalo Wings w/Morgan Co. White Sauce	X	X	X	X	X			X		
— Ranch Dressing			X		X					
— Blue Cheese Dressing			X		X			X		
Smoked Buffalo Wings w/Honey Habanero Sauce	X	X	X	X	X			X		
— Ranch Dressing			X		X					
— Blue Cheese Dressing			X		X			X		
Smoked Buffalo Wings w/Carolina Mustard Sauce	X	X	X	X	X			X		
— Ranch Dressing			X		X					
— Blue Cheese Dressing			X		X			X		
Onion Rings	X	X	X	X	X			X		

\*Allergen content may vary by choice of Bar-B-Q meat, sauce, dressing or bread selection. See "BAR-B-Q MEATS" section on page 1, "BUNS & BISCUITS" on page 5, "SAUCES & PICKLES" and "DRESSINGS" on page 5.

Common Allergens ►	Wheat	Gluten	Milk	Soy	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Sesame
<b>SHARABLES (continued)</b>										
Loaded Queso *	X	X	X	X	X					
Pitmaster Nachos *	X	X	X	X	X					
Deviled Eggs					X					
Brisket Mac & Cheese Bombs	X	X	X	X	X			X		
<b>SOUPS, SALADS, AND POTATOES</b>										
Common Allergens ►	Wheat	Gluten	Milk	Soy	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Sesame
Pig in the Garden Salad *	X	X	X	X			X			
Chopped Southern Salad (tossed in Vinaigrette)*	X	X	X	X			X	X		
Loaded BBQ Baker *			X	X				X		
Not So Naked Baked Potato			X	X						
Brisket Chili with Cheese			X							
— Cheese Biscuit	X	X	X	X	X					
House Salad without Dressing	X	X	X	X			X			
— Dressing info is on Page 5										
<b>BBQ PLATES (include Original Bar-B-Q Sauce unless otherwise noted)</b>										
Classic Pulled Pork			X	X				X		
Carolina Style Pork (with Eastern Carolina Vinegar Pepper Sauce)										
Beef Brisket			X	X				X		
Classic Spareribs			X	X				X		
Baby Back Ribs			X	X				X		
Turkey Breast (with Morgan County White Sauce)					X			X		
Chicken (with Morgan County White Sauce)			X	X	X			X		
<b>BAR-B-Q SAUCES</b>										
Original Bar-B-Q Sauce			X	X				X		
Eastern Carolina Vinegar Pepper Sauce										
Morgan County White Sauce					X			X		
Habanero Bar-B-Q Sauce								X		
Honey Habanero Bar-B-Q Sauce								X		

Common Allergens ►	Wheat	Gluten	Milk	Soy	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Sesame
<b>BBQ SANDWICHES (continued)* (on a Potato Bun)</b>										
Pork	X	X	X	X	X			X		X
Carolina Style Pork (with Eastern Carolina Vinegar Pepper Sauce)	X	X	X	X	X					X
Beef Brisket	X	X	X	X	X			X		X
Turkey Breast	X	X	X	X	X			X		X
Chicken	X	X	X	X	X			X		X
The Boss	X	X	X	X	X			X		X
<b>BURGERS* (on a Potato Bun)</b>										
JNN Original Burger	X	X	X	X	X					X
Southern Burger	X	X	X	X	X			X		X
<b>SOUTHERN FAVORITES - PLATES</b>										
Fried Chicken Tenders	X	X	X	X	X			X		
— Honey Mustard						X				
— Ranch Dressing			X		X					
— Morgan County White Sauce					X			X		
— Bar-B-Q Sauce			X	X				X		
Karl's Fried Catfish Plate	X	X	X	X	X			X		
— Tartar Sauce					X					
Loaded Mac*	X	X	X	X	X			X		
<b>SOUTHERN FAVORITES - SANDWICHES*</b>										
Original Turkey Sandwich	X	X	X	X	X					X
Karl's Fried Catfish Sandwich	X	X	X	X	X			X		X
<b>TRIMMINGS</b>										
Baked Beans			X	X				X		
BBQ Corn						X		X		
Coleslaw						X				
Potato Salad						X				
French Fries	X	X	X	X	X			X		
Fresh Fruit										

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Common Allergens ►	Wheat	Gluten	Milk	Soy	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Sesame
<b>TRIMMINGS (continued)</b>										
Macaroni & Cheese	X	X	X	X	X					
Slow Cooked Collards										
<b>TRIMMINGS — HOLIDAY</b>										
Cornbread Dressing	X	X	X		X					
Mashed Potatoes			X	X						
— Brown Gravy	X	X	X	X						
Southern Black-Eyed Peas (New Year's Day)			X	X				X		
Southern Green Beans			X	X						
Sweet Potato Casserole	X	X	X		X					
<b>KID'S MEALS*</b>										
Lil' Pork Sandwich	X	X	X	X	X			X		X
Grilled Cheese	X	X	X	X	X					X
Chicken Tenders	X	X	X	X	X			X		
Macaroni & Cheese	X	X	X	X	X					
Little Original Cheeseburger	X	X	X	X	X					X
Smoked Chicken Drummies			X	X				X		
Lil Piggie in the Garden *	X	X	X	X						
<b>DESSERTS</b>										
Banana Pudding	X	X	X	X	X					
Chocolate Cream Pie	X	X	X	X	X					
Lemon Icebox Pie	X	X	X	X	X					
Coconut Pie (Seasonal)	X	X	X	X	X					
American Strawberry Shortcake (Seasonal)	X	X	X	X	X					
Pecan Pie (Holiday)	X	X	X	X				X		
Chocolate-Toffee Cookie (Catering Only)	X	X	X	X	X			X		
Brownie (Catering Only)	X	X	X	X	X					

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<b>BUNS &amp; BISCUITS*</b>										
Martin's Potato Bun	X	X	X	X						X
Cheese Biscuits	X	X	X	X	X					
— Honey Butter			X	X						
<b>SAUCES &amp; PICKLES</b>										
Original Bar-B-Q Sauce			X	X				X		
Eastern Carolina Vinegar Pepper Sauce										
Carolina Mustard Sauce								X		
Morgan County White Sauce					X			X		
Honey Habanero Bar-B-Q Sauce								X		
Tartar Sauce					X					
<b>DRESSINGS</b>										
Dill Pickles										
Blue Cheese			X		X			X		
Bar-B-Q Ranch			X	X	X			X		
Ranch			X		X					
Honey Mustard					X					
Vinaigrette								X		

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