

**JIM'N NICK'S**  
COMMUNITY

**BAR-B-Q**

**NUTRITIONAL GUIDE**

COLORADO, SEP. 29, 2017

**Nutritional values listed are based on standard recipes and preparation. Any variations in ingredients, preparation, as well as any substitutions may increase or decrease the listed nutritional values.**

**2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. ADDITIONAL NUTRITION INFORMATION AVAILABLE UPON REQUEST.**

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|                        | Calories | Cal frm Fat       | Total Fat | Sat. Fat      | Trans Fat | Cholesterol | Sodium  | Carbs         | Fiber         | Sugars  | Protein |
|------------------------|----------|-------------------|-----------|---------------|-----------|-------------|---------|---------------|---------------|---------|---------|
| <b>SMALL PLATES</b>    | Calories | Calories from Fat | Total Fat | Saturated Fat | Trans Fat | Cholesterol | Sodium  | Carbohydrates | Dietary Fiber | Sugars  | Protein |
| BAR-B-Q CHIPS          | 820      | 610               | 68g       | 14g           | 0g        | 35mg        | 760mg   | 44g           | 5g            | 3g      | 8g      |
| BAR-B-Q NACHOS         |          |                   |           |               |           |             |         |               |               |         |         |
| Beef Brisket           | 1310     | 760               | 85g       | 32g           | 0g        | 175mg       | 1740mg  | 90g           | 10g           | 14g     | 43g     |
| Ham                    | 1170     | 610               | 69g       | 24g           | 0g        | 150mg       | 2980mg  | 95g           | 10g           | 18g     | 44g     |
| Pork                   | 1150     | 560               | 63g       | 23g           | 0g        | 160mg       | 2130mg  | 93g           | 10g           | 17g     | 50g     |
| Smoked Chicken         | 1240     | 650               | 73g       | 25g           | 0g        | 170mg       | 2040mg  | 97g           | 10g           | 21g     | 46g     |
| Turkey                 | 1060     | 480               | 54g       | 19g           | 0g        | 125mg       | 2400mg  | 94g           | 10g           | 15g     | 51g     |
| BAR-B-Q QUESADILLA     |          |                   |           |               |           |             |         |               |               |         |         |
| Beef Brisket           | 1180     | 710               | 78 g      | 37 g          | 0 g       | 220 mg      | 2190 mg | 54 g          | 4 g           | 6 g     | 58 g    |
| Cheese                 | 710      | 370               | 40 g      | 22 g          | 0 g       | 95 mg       | 1340 mg | 54 g          | 4 g           | 6 g     | 32 g    |
| Ham                    | 1020     | 540               | 59 g      | 29 g          | 0 g       | 195 mg      | 3580 mg | 60 g          | 4 g           | 10 g    | 59 g    |
| Pork                   | 990      | 490               | 53 g      | 27 g          | 0 g       | 200 mg      | 2630 mg | 58 g          | 4 g           | 9 g     | 66 g    |
| Smoked Chicken         | 1090     | 590               | 64 g      | 29 g          | 0 g       | 215 mg      | 2520 mg | 62 g          | 4 g           | 13 g    | 62 g    |
| Turkey                 | 890      | 390               | 43 g      | 23 g          | 0 g       | 165 mg      | 2920 mg | 58 g          | 4 g           | 7 g     | 67 g    |
| HEAVENLY DEVILED EGGS  | 210      | 140               | 16 g      | 4 g           | 0 g       | 300 mg      | 430 mg  | 5 g           | < 1g          | 5 g     | 10 g    |
| ONION RINGS            | 520      | 280               | 32g       | 6g            | 0g        | 40mg        | 800mg   | 50g           | 6g            | 9g      | 10g     |
| QUESO DIP              | 770      | 370               | 42 g      | 11 g          | 0 g       | 30 mg       | 690 mg  | 86 g          | 10 g          | 4 g     | 15 g    |
| QUESO DIP - LOADED     | 820      | 410               | 45g       | 12g           | 0g        | 45mg        | 990mg   | 87g           | 10g           | 4g      | 20g     |
| RIBLETS                | 750      | 550               | 60 g      | 22 g          | 0 g       | 125 mg      | 920 mg  | 6 g           | < 1 g         | 6 g     | 47 g    |
| SMOKED BUFALO WINGS    |          |                   |           |               |           |             |         |               |               |         |         |
| Hot                    | 470      | 280               | 31g       | 7g            | 2g        | 220mg       | 2120mg  | 5g            | 2g            | 3g      | 45g     |
| Mild                   | 500      | 300               | 33g       | 8g            | 2.5g      | 220mg       | 2470mg  | 5g            | 1g            | 3g      | 45g     |
| with Ranch - Add       | 220      | 210               | 23 g      | 4.5 g         | 0 g       | 20 mg       | 220 mg  | 2 g           | < 1g          | 2 g     | 1 g     |
| with Blue Cheese - Add | 340      | 310               | 35 g      | 9 g           | 0 g       | 35 mg       | 300 mg  | 2 g           | < 1g          | 1 g     | 3 g     |
| SMOKED PORK HOT LINKS  | 570      | 320               | 35g       | 13g           | 0g        | 105mg       | 1790mg  | 31g           | 1g            | 10g     | 29g     |
|                        |          |                   |           |               |           |             |         |               |               |         |         |
| <b>BREADS</b>          | Calories | Calories from Fat | Total Fat | Saturated Fat | Trans Fat | Cholesterol | Sodium  | Carbohydrates | Dietary Fiber | Su gars | Protein |
| CHEESE BISCUITS        |          |                   |           |               |           |             |         |               |               |         |         |
| Per 1/2 Dozen          | 910      | 430               | 47g       | 16g           | 8g        | 95mg        | 1680mg  | 63g           | 43g           | 14g     | 20g     |
| Per Dozen              | 1820     | 860               | 95g       | 32g           | 16g       | 185mg       | 3370mg  | 127g          | 86g           | 27g     | 41g     |

|                                           | Calories | Cal frm Fat       | Total Fat | Sat. Fat      | Trans Fat | Cholesterol | Sodium | Carbs         | Fiber         | Sugars | Protein |
|-------------------------------------------|----------|-------------------|-----------|---------------|-----------|-------------|--------|---------------|---------------|--------|---------|
| Per Each, w/o honey butter                | 130      | 50                | 6g        | 2g            | 0.5g      | 15mg        | 270mg  | 16g           | < 1g          | 8g     | 3g      |
| HONEY BUTTER                              | 170      | 140               | 15g       | 3.5g          | 3.5g      | 0mg         | 150mg  | 10g           | < 1g          | 10g    | < 1g    |
| TOASTED BUN                               | 210      | 70                | 8g        | 1g            | 1g        | 0mg         | 400mg  | 29g           | 1g            | 2g     | 7g      |
| TOASTED SLIDER BUN                        | 120      | 35                | 4g        | 0g            | 0g        | 0mg         | 230mg  | 18g           | < 1g          | < 1g   | 4g      |
| TOASTED SOURDOUGH                         | 220      | 70                | 7g        | 1.5g          | 1.5g      | 0mg         | 300mg  | 34g           | 2g            | 0g     | 6g      |
| TOASTED WHEAT BUN                         | 220      | 60                | 7g        | 1.5g          | 1g        | 0mg         | 340mg  | 31g           | 3g            | 6g     | 7g      |
|                                           |          |                   |           |               |           |             |        |               |               |        |         |
| <b>SALADS</b> (does not include dressing) | Calories | Calories from Fat | Total Fat | Saturated Fat | Trans Fat | Cholesterol | Sodium | Carbohydrates | Dietary Fiber | Sugars | Protein |
| PIG IN THE GARDEN                         |          |                   |           |               |           |             |        |               |               |        |         |
| Beef Brisket                              | 1160     | 840               | 95g       | 37g           | 1g        | 210mg       | 2260mg | 15g           | 6g            | 5g     | 59g     |
| Grilled Chicken                           | 900      | 520               | 59g       | 21g           | 1.5g      | 190mg       | 2700mg | 15g           | 6g            | 5g     | 76g     |
| Ham                                       | 980      | 650               | 74g       | 27g           | 1g        | 185mg       | 3800mg | 22g           | 6g            | 10g    | 59g     |
| Pork                                      | 950      | 590               | 67g       | 26g           | 1g        | 190mg       | 2750mg | 19g           | 6g            | 8g     | 67g     |
| Smoked Chicken                            | 960      | 620               | 70g       | 25g           | 1g        | 180mg       | 2290mg | 21g           | 6g            | 11g    | 61g     |
| Tenders                                   | 1060     | 650               | 73g       | 24g           | 1g        | 175mg       | 2610mg | 34g           | 9g            | 5g     | 69g     |
| Turkey                                    | 830      | 490               | 56g       | 21g           | 1g        | 155mg       | 3080mg | 19g           | 6g            | 6g     | 68g     |
| CHOPPED SOUTHERN SALAD                    |          |                   |           |               |           |             |        |               |               |        |         |
| Beef Brisket                              | 1260     | 880               | 97g       | 38g           | 1g        | 210mg       | 2310mg | 34g           | 8g            | 14g    | 59g     |
| Grilled Chicken                           | 1090     | 570               | 64g       | 22g           | 1.5g      | 230mg       | 3210mg | 34g           | 8g            | 14g    | 91g     |
| Ham                                       | 1080     | 690               | 77g       | 28g           | 1g        | 185mg       | 3850mg | 41g           | 8g            | 19g    | 59g     |
| Pork                                      | 1050     | 630               | 70g       | 26g           | 1g        | 190mg       | 2800mg | 38g           | 8g            | 17g    | 67g     |
| Smoked Chicken                            | 1060     | 660               | 73g       | 26g           | 1g        | 180mg       | 2340mg | 40g           | 8g            | 20g    | 61g     |
| Tenders                                   | 1160     | 690               | 76g       | 25g           | 1g        | 175mg       | 2660mg | 54g           | 11g           | 14g    | 69g     |
| Turkey                                    | 930      | 520               | 58g       | 22g           | 1g        | 155mg       | 3130mg | 39g           | 8g            | 15g    | 68g     |
| GREEK SALAD                               |          |                   |           |               |           |             |        |               |               |        |         |
| Beef Brisket                              | 720      | 490               | 55g       | 23g           | 0g        | 290mg       | 2520mg | 9g            | 3g            | 4g     | 41g     |
| Grilled Chicken                           | 550      | 190               | 22g       | 7g            | 0.5g      | 310mg       | 3420mg | 9g            | 3g            | 4g     | 74g     |
| Ham                                       | 540      | 300               | 35g       | 13g           | 0g        | 265mg       | 4070mg | 16g           | 3g            | 9g     | 41g     |
| Pork                                      | 510      | 240               | 28g       | 12g           | 0g        | 270mg       | 3010mg | 13g           | 3g            | 7g     | 49g     |
| Smoked Chicken                            | 530      | 270               | 31g       | 11g           | 0g        | 260mg       | 2550mg | 15g           | 3g            | 10g    | 44g     |
| Tenders                                   | 630      | 300               | 34g       | 10g           | 0g        | 255mg       | 2880mg | 29g           | 6g            | 4g     | 51g     |
| Turkey                                    | 400      | 140               | 16g       | 7g            | 0g        | 235mg       | 3340mg | 14g           | 3g            | 5g     | 50g     |

|                                                    | Calories | Cal frm Fat       | Total Fat | Sat. Fat      | Trans Fat | Cholesterol | Sodium | Carbs         | Fiber         | Sugars | Protein |
|----------------------------------------------------|----------|-------------------|-----------|---------------|-----------|-------------|--------|---------------|---------------|--------|---------|
| WEDGE SALAD DELUXE - includes Blue Cheese Dressing |          |                   |           |               |           |             |        |               |               |        |         |
| Beef Brisket                                       | 1040     | 800               | 89g       | 30g           | 0g        | 190mg       | 1910mg | 14g           | 5g            | 9g     | 42g     |
| Ham                                                | 860      | 610               | 69g       | 21g           | 0g        | 160mg       | 3460mg | 21g           | 5g            | 14g    | 42g     |
| Pork                                               | 840      | 550               | 62g       | 19g           | 0g        | 165mg       | 2400mg | 18g           | 5g            | 12g    | 50g     |
| Smoked Chicken                                     | 850      | 580               | 65g       | 19g           | 0g        | 155mg       | 1940mg | 20g           | 5g            | 15g    | 45g     |
| Turkey                                             | 720      | 450               | 50g       | 14g           | 0g        | 130mg       | 2730mg | 18g           | 5g            | 10g    | 51g     |
| HOUSE GARDEN SALAD                                 | 330      | 240               | 27g       | 10g           | 0.5g      | 40mg        | 680mg  | 8g            | 3g            | 3g     | 15g     |
| HOUSE GREEK SALAD                                  | 110      | 70                | 7g        | 3g            | 0g        | 135mg       | 950mg  | 5g            | 2g            | 2g     | 6g      |
| HOUSE WEDGE SALAD - includes Blue Cheese Dressing  | 450      | 380               | 43g       | 12g           | 0g        | 45mg        | 740mg  | 8g            | 2g            | 5g     | 9g      |
|                                                    |          |                   |           |               |           |             |        |               |               |        |         |
| <b>DRESSINGS &amp; SAUCES</b>                      | Calories | Calories from Fat | Total Fat | Saturated Fat | Trans Fat | Cholesterol | Sodium | Carbohydrates | Dietary Fiber | Sugars | Protein |
| AU JUS                                             | 10       | 5                 | 0.5g      | 0g            | 0g        | 0mg         | 1060mg | 1g            | < 1g          | 0g     | 1g      |
| BAR-B-QUE SAUCE                                    | 60       | 15                | 1.5g      | 0g            | 0g        | 0mg         | 160mg  | 10g           | < 1g          | 9g     | < 1g    |
| BROWN GRAVY                                        | 45       | 25                | 2.5g      | 0.5g          | 0g        | 0mg         | 300mg  | 4g            | < 1g          | < 1g   | 2g      |
| BUFFALO SAUCE - HOT                                | 70       | 70                | 8g        | 2g            | 2g        | 0mg         | 1350mg | < 1g          | < 1g          | 0g     | < 1g    |
| BUFFALO SAUCE - MILD                               | 100      | 100               | 11g       | 2.5g          | 2.5g      | 0mg         | 1720mg | < 1g          | < 1g          | 0g     | < 1g    |
| CAROLINA VINEGAR SAUCE                             | 5        | 0                 | 0g        | 0g            | 0g        | 0mg         | 280mg  | 2g            | < 1g          | 1g     | < 1g    |
| 1000 ISLAND                                        | 290      | 260               | 29 g      | 5 g           | 0 g       | 40 mg       | 380 mg | 7 g           | < 1g          | 5 g    | < 1g    |
| BAR-B-QUE RANCH                                    | 200      | 190               | 21 g      | 3.5 g         | 0 g       | 15 mg       | 220 mg | 3 g           | < 1g          | 3 g    | < 1 g   |
| BLUE CHEESE                                        | 340      | 310               | 35 g      | 9 g           | 0 g       | 35 mg       | 300 mg | 2 g           | < 1g          | 1 g    | 3 g     |
| HONEY MUSTARD                                      | 330      | 260               | 28 g      | 4.5 g         | 0 g       | 20 mg       | 460 mg | 20 g          | < 1g          | 19 g   | < 1g    |
| RANCH                                              | 220      | 210               | 23 g      | 4.5 g         | 0 g       | 20 mg       | 220 mg | 2 g           | < 1g          | 2 g    | 1 g     |
| VINAIGRETTE                                        | 300      | 300               | 34 g      | 3 g           | 0 g       | 0 mg        | 290 mg | 1 g           | < 1g          | < 1 g  | < 1g    |
| HOT CHICKEN PASTE                                  | 350      | 310               | 37g       | 3g            | 0g        | 0mg         | 5mg    | 10g           | 6g            | 2g     | 2g      |
| KETCHUP                                            | 60       | 0                 | 0g        | 0g            | 0g        | 0mg         | 480mg  | 15g           | < 1g          | 12g    | < 1g    |
| MORGAN CO WHITE SAUCE                              | 210      | 190               | 21g       | 4g            | 0g        | 20mg        | 410mg  | 3g            | < 1g          | 3g     | < 1g    |
| TARTAR SAUCE                                       | 370      | 370               | 40g       | 7g            | 0g        | 35mg        | 270mg  | 2g            | < 1g          | 1g     | < 1g    |
| WHITE GRAVY                                        | 60       | 35                | 4g        | 1.5g          | 0g        | 5mg         | 330mg  | 5g            | < 1g          | 2g     | 2g      |
|                                                    |          |                   |           |               |           |             |        |               |               |        |         |

|                                          | Calories | Cal frm Fat       | Total Fat | Sat. Fat      | Trans Fat | Cholesterol | Sodium  | Carbs         | Fiber         | Sugars | Protein |
|------------------------------------------|----------|-------------------|-----------|---------------|-----------|-------------|---------|---------------|---------------|--------|---------|
| <b>POTATOES</b>                          | Calories | Calories from Fat | Total Fat | Saturated Fat | Trans Fat | Cholesterol | Sodium  | Carbohydrates | Dietary Fiber | Sugars | Protein |
| LOADED BBQ BAKER                         |          |                   |           |               |           |             |         |               |               |        |         |
| Beef Brisket                             | 1420     | 700               | 78 g      | 31 g          | 2.5 g     | 205 mg      | 1990 mg | 115 g         | 10 g          | 24 g   | 51 g    |
| Ham                                      | 1240     | 520               | 58 g      | 22 g          | 2.5 g     | 180 mg      | 3540 mg | 121 g         | 10 g          | 29 g   | 51 g    |
| Pork                                     | 1210     | 460               | 51 g      | 20 g          | 2.5 g     | 185 mg      | 2480 mg | 118 g         | 10 g          | 27 g   | 59 g    |
| Smoked Chicken                           | 1320     | 570               | 63 g      | 22 g          | 2.5 g     | 200 mg      | 2360 mg | 123 g         | 10 g          | 32 g   | 55 g    |
| Turkey                                   | 1100     | 350               | 39 g      | 16 g          | 2.5 g     | 150 mg      | 2810 mg | 119 g         | 10 g          | 26 g   | 60 g    |
| NOT SO NAKED POTATO                      | 600      | 310               | 33 g      | 14 g          | 2 g       | 70 mg       | 700 mg  | 52 g          | 5 g           | 4 g    | 17 g    |
|                                          |          |                   |           |               |           |             |         |               |               |        |         |
| <b>SOUPS</b> (includes Saltine Crackers) | Calories | Calories from Fat | Total Fat | Saturated Fat | Trans Fat | Cholesterol | Sodium  | Carbohydrates | Dietary Fiber | Sugars | Protein |
| BRISKET CHILI                            |          |                   |           |               |           |             |         |               |               |        |         |
| Cup                                      | 260      | 130               | 14 g      | 6 g           | 0 g       | 35 mg       | 590 mg  | 17 g          | 3 g           | 3 g    | 12 g    |
| Bowl                                     | 490      | 240               | 26 g      | 11 g          | 0 g       | 65 mg       | 1140 mg | 34 g          | 6 g           | 6 g    | 21 g    |
| BRUNSWICK STEW                           |          |                   |           |               |           |             |         |               |               |        |         |
| Cup                                      | 160      | 40                | 4.5g      | 1g            | 0g        | 20mg        | 690mg   | 21g           | 1g            | 6g     | 8g      |
| Bowl                                     | 320      | 80                | 9g        | 2g            | 0g        | 40mg        | 1370mg  | 41g           | 3g            | 12g    | 16g     |
|                                          |          |                   |           |               |           |             |         |               |               |        |         |
| <b>TRIMMINGS</b>                         | Calories | Calories from Fat | Total Fat | Saturated Fat | Trans Fat | Cholesterol | Sodium  | Carbohydrates | Dietary Fiber | Sugars | Protein |
| BAKED BEANS                              | 200      | 45                | 5 g       | 1.5 g         | 0.5 g     | < 5 mg      | 700 mg  | 34 g          | 4 g           | 19 g   | 6 g     |
| BAR-B-Q CHIPS                            | 480      | 290               | 33g       | 6g            | 0g        | 0mg         | 470mg   | 43g           | 5g            | 2g     | 5g      |
| COLESLAW                                 | 120      | 90                | 10 g      | 2 g           | 0 g       | 10 mg       | 160 mg  | 7 g           | 2 g           | 4 g    | 1 g     |
| FRESH CUT FRIES                          | 540      | 240               | 27g       | 5g            | 0g        | 0mg         | 790mg   | 66g           | 7g            | 2g     | 9g      |
| MACARONI & CHEESE                        | 330      | 180               | 20 g      | 11 g          | 1 g       | 55 mg       | 840 mg  | 20 g          | < 1 g         | 4 g    | 16 g    |
| MASHED POTATOES                          | 350      | 190               | 21 g      | 5 g           | 4.5 g     | 5 mg        | 820 mg  | 37 g          | 3 g           | 4 g    | 6 g     |
| W/BROWN GRAVY - ADD                      | 45       | 25                | 2.5g      | 0.5g          | 0g        | 0mg         | 300mg   | 4g            | < 1g          | < 1g   | 2g      |
| MIXED FRUIT                              | 35       | 0                 | 0 g       | 0 g           | **        | 0 mg        | 10 mg   | 9 g           | 1 g           | 7 g    | < 1 g   |
| ONION RINGS                              | 520      | 280               | 32g       | 6g            | 0g        | 40mg        | 800mg   | 50g           | 6g            | 9g     | 10g     |
| POTATO SALAD                             | 220      | 120               | 13 g      | 2.5 g         | 0 g       | 25 mg       | 440 mg  | 23 g          | 1 g           | 7 g    | 2 g     |
| COLLARD GREENS                           | 90       | 45                | 5g        | 1.5g          | 0g        | 10mg        | 1540mg  | 10g           | 3g            | 5g     | 4g      |
| WATERMELON                               | 45       | 0                 | 0 g       | 0 g           | **        | 0 mg        | 0 mg    | 12 g          | < 1 g         | 10 g   | < 1 g   |

|                                                          | Calories | Cal frm Fat       | Total Fat | Sat. Fat      | Trans Fat | Cholesterol | Sodium  | Carbs         | Fiber         | Sugars | Protein |
|----------------------------------------------------------|----------|-------------------|-----------|---------------|-----------|-------------|---------|---------------|---------------|--------|---------|
| <b>VEGETABLES OF THE DAY</b>                             | Calories | Calories from Fat | Total Fat | Saturated Fat | Trans Fat | Cholesterol | Sodium  | Carbohydrates | Dietary Fiber | Sugars | Protein |
| BBQ CORN                                                 | 210      | 140               | 15g       | 3g            | 0g        | 15mg        | 1000mg  | 18g           | 2g            | 8g     | 3g      |
| BLACK EYED PEAS                                          | 90       | 20                | 2 g       | 0.5 g         | 0 g       | < 5 mg      | 380 mg  | 13 g          | 2 g           | 1 g    | 5 g     |
| CUCUMBER TOMATO SALAD                                    | 120      | 100               | 11 g      | 1 g           | 0 g       | 0 mg        | 820 mg  | 5 g           | < 1 g         | 2 g    | < 1 g   |
| FRIED GREEN TOMATOES                                     | 300      | 170               | 19g       | 3.5g          | 0g        | 0mg         | 990mg   | 28g           | 3g            | 3g     | 3g      |
| GREEN BEANS                                              | 130      | 80                | 9 g       | 2.5 g         | 1.5 g     | 15 mg       | 1400 mg | 9 g           | 3 g           | 4 g    | 5 g     |
| STEAMED CABBAGE                                          | 80       | 45                | 5 g       | 1.5 g         | 0.5 g     | < 5 mg      | 300 mg  | 6 g           | 2 g           | 3 g    | 3 g     |
| STEWED OKRA & TOMATO                                     | 60       | 25                | 3 g       | 0.5 g         | 0.5 g     | 0 mg        | 390 mg  | 7 g           | 1 g           | 3 g    | 2 g     |
| SUCCOTASH                                                | 100      | 35                | 3g        | 1g            | 0g        | 5mg         | 420mg   | 12g           | 2g            | 4g     | 4g      |
| SWEET POTATO CASSEROLE                                   | 270      | 100               | 8 g       | 0.5 g         | 0 g       | 40 mg       | 230 mg  | 39 g          | 4 g           | 13 g   | 4 g     |
|                                                          |          |                   |           |               |           |             |         |               |               |        |         |
| <b>BAR-B-Q PLATES</b> (does not include sauce or pickle) | Calories | Calories from Fat | Total Fat | Saturated Fat | Trans Fat | Cholesterol | Sodium  | Carbohydrates | Dietary Fiber | Sugars | Protein |
| BEEF BRISKET                                             | 830      | 610               | 68g       | 27g           | 0g        | 220mg       | 1500mg  | < 1g          | < 1g          | 0g     | 46g     |
| CAROLINA STYLE PORK                                      | 500      | 210               | 24g       | 9g            | 0g        | 185mg       | 2280mg  | 7g            | < 1g          | 5g     | 59g     |
| SMOKED CHICKEN                                           |          |                   |           |               |           |             |         |               |               |        |         |
| 1/2 Dark                                                 | 750      | 470               | 53g       | 15g           | 0g        | 225mg       | 2540mg  | 18g           | < 1g          | 16g    | 47g     |
| 1/2 Mixed                                                | 890      | 520               | 58g       | 16g           | 0g        | 275mg       | 2760mg  | 19g           | < 1g          | 17g    | 69g     |
| 1/2 White                                                | 820      | 410               | 45g       | 13g           | 0g        | 265mg       | 2450mg  | 16g           | < 1g          | 15g    | 80g     |
| 1/4 Dark                                                 | 370      | 240               | 26g       | 7g            | 0g        | 110mg       | 1270mg  | 9g            | < 1g          | 8g     | 23g     |
| 1/4 White                                                | 410      | 200               | 23g       | 6g            | 0g        | 130mg       | 1220mg  | 8g            | < 1g          | 8g     | 40g     |
| SMOKED HAM                                               | 550      | 310               | 35g       | 12g           | 0g        | 175mg       | 3970mg  | 12g           | < 1g          | 8g     | 47g     |
| SMOKED PORK HOT LINK                                     | 610      | 360               | 40g       | 14g           | 0g        | 195mg       | 3410mg  | 4g            | 2g            | 0g     | 56g     |
| SMOKED PORK                                              | 500      | 210               | 24g       | 9g            | 0g        | 185mg       | 2280mg  | 7g            | < 1g          | 5g     | 59g     |
| SMOKED TURKEY                                            | 320      | 45                | 6g        | 1.5g          | 0g        | 125mg       | 2810mg  | 8g            | < 1g          | 2g     | 61g     |
| CLASSIC SPARE RIBS                                       |          |                   |           |               |           |             |         |               |               |        |         |
| 1#                                                       | 1200     | 880               | 96g       | 36g           | 0g        | 195mg       | 1320mg  | 10g           | 1g            | 9g     | 75g     |
| 2#                                                       | 2390     | 1750              | 191g      | 71g           | 0g        | 395mg       | 2640mg  | 19g           | 2g            | 18g    | 150g    |
| 3#                                                       | 3590     | 2630              | 287g      | 107g          | 0.5g      | 590mg       | 3960mg  | 29g           | 3g            | 26g    | 224g    |
| BABY BACK RIBS                                           |          |                   |           |               |           |             |         |               |               |        |         |
| Lil' Baby                                                | 740      | 560               | 61g       | 22g           | 0g        | 180mg       | 260mg   | 2g            | 2g            | 2g     | 46g     |
| Half Baby                                                | 900      | 670               | 73g       | 26g           | 0g        | 220mg       | 310mg   | 3g            | 2g            | 3g     | 55g     |



|                                                         | Calories | Cal frm Fat       | Total Fat | Sat. Fat      | Trans Fat | Cholesterol | Sodium | Carbs         | Fiber         | Sugars | Protein |
|---------------------------------------------------------|----------|-------------------|-----------|---------------|-----------|-------------|--------|---------------|---------------|--------|---------|
| Big Baby                                                | 2010     | 1510              | 164g      | 59g           | 0g        | 490mg       | 690mg  | 6g            | 6g            | 6g     | 124g    |
|                                                         |          |                   |           |               |           |             |        |               |               |        |         |
| <b>COMBO PLATES</b> (does not include sauce or pickles) | Calories | Calories from Fat | Total Fat | Saturated Fat | Trans Fat | Cholesterol | Sodium | Carbohydrates | Dietary Fiber | Sugars | Protein |
| PICK 2 MEATS (Values are per portion)                   |          |                   |           |               |           |             |        |               |               |        |         |
| Beef Brisket                                            | 620      | 460               | 51g       | 20g           | 0g        | 165mg       | 1130mg | < 1g          | < 1g          | 0g     | 35g     |
| Carolina-style Pork                                     | 370      | 160               | 18g       | 7g            | 0g        | 140mg       | 1710mg | 5g            | < 1g          | 4g     | 44g     |
| Classic Pulled Pork                                     | 370      | 160               | 18g       | 7g            | 0g        | 140mg       | 1710mg | 5g            | < 1g          | 4g     | 44g     |
| Pork Hot Links                                          | 610      | 360               | 40g       | 14g           | 0g        | 195mg       | 3410mg | 4g            | 2g            | 0g     | 56g     |
| Smoked Chicken                                          | 510      | 300               | 33g       | 9g            | 0g        | 160mg       | 1570mg | 11g           | < 1g          | 10g    | 39g     |
| Smoked Ham                                              | 410      | 230               | 26g       | 9g            | 0g        | 130mg       | 2980mg | 9g            | < 1g          | 6g     | 35g     |
| Smoked Turkey                                           | 240      | 30                | 4.5g      | 1g            | 0g        | 95mg        | 2110mg | 6g            | < 1g          | 2g     | 46g     |
| Babyback Ribs                                           | 740      | 560               | 61g       | 22g           | 0g        | 180mg       | 260mg  | 2g            | 2g            | 2g     | 46g     |
| Spare Ribs                                              | 1200     | 880               | 96g       | 36g           | 0g        | 195mg       | 1320mg | 10g           | 1g            | 9g     | 75g     |
| PICK 3 MEATS (Values are per portion)                   |          |                   |           |               |           |             |        |               |               |        |         |
| Beef Brisket                                            | 410      | 300               | 34g       | 13g           | 0g        | 110mg       | 750mg  | < 1g          | < 1g          | 0g     | 23g     |
| Carolina-style Pork                                     | 250      | 110               | 12g       | 4.5g          | 0g        | 95mg        | 1140mg | 3g            | < 1g          | 3g     | 30g     |
| Classic Pulled Pork                                     | 250      | 110               | 12g       | 4.5g          | 0g        | 95mg        | 1140mg | 3g            | < 1g          | 3g     | 30g     |
| Pork Hot Links                                          | 400      | 240               | 26g       | 9g            | 0g        | 130mg       | 2270mg | 3g            | 1g            | 0g     | 37g     |
| Smoked Chicken                                          | 340      | 200               | 22g       | 6g            | 0g        | 105mg       | 1050mg | 7g            | < 1g          | 7g     | 26g     |
| Smoked Ham                                              | 270      | 160               | 18g       | 6g            | 0g        | 90mg        | 1990mg | 6g            | < 1g          | 4g     | 23g     |
| Smoked Turkey                                           | 160      | 20                | 3g        | 0.5g          | 0g        | 60mg        | 1410mg | 4g            | < 1g          | 1g     | 30g     |
| Babyback Ribs                                           | 560      | 420               | 46g       | 16g           | 0g        | 135mg       | 190mg  | 2g            | 2g            | 2g     | 34g     |
| Spare Ribs                                              | 900      | 660               | 72g       | 27g           | 0g        | 150mg       | 990mg  | 7g            | < 1g          | 7g     | 56g     |
| PICK 4 MEATS (Values are per portion)                   |          |                   |           |               |           |             |        |               |               |        |         |
| Beef Brisket                                            | 310      | 230               | 26g       | 10g           | 0g        | 80mg        | 560mg  | < 1g          | < 1g          | 0g     | 17g     |
| Carolina-style Pork                                     | 190      | 80                | 9g        | 3.5g          | 0g        | 70mg        | 860mg  | 3g            | < 1g          | 2g     | 22g     |
| Classic Pulled Pork                                     | 190      | 80                | 9g        | 3.5g          | 0g        | 70mg        | 860mg  | 3g            | < 1g          | 2g     | 22g     |
| Pork Hot Links                                          | 400      | 240               | 26g       | 9g            | 0g        | 130mg       | 2270mg | 3g            | 1g            | 0g     | 37g     |
| Smoked Chicken                                          | 250      | 150               | 16g       | 4.5g          | 0g        | 80mg        | 790mg  | 5g            | < 1g          | 5g     | 20g     |
| Smoked Ham                                              | 200      | 120               | 13g       | 4.5g          | 0g        | 65mg        | 1490mg | 4g            | < 1g          | 3g     | 18g     |
| Smoked Turkey                                           | 120      | 15                | 2g        | 0.5g          | 0g        | 45mg        | 1050mg | 3g            | < 1g          | < 1g   | 23g     |
| Babyback Ribs                                           | 560      | 420               | 46g       | 16g           | 0g        | 135mg       | 190mg  | 2g            | 2g            | 2g     | 34g     |

|                                                                       | Calories | Cal frm Fat       | Total Fat | Sat. Fat      | Trans Fat | Cholesterol | Sodium  | Carbs         | Fiber         | Sugars | Protein |
|-----------------------------------------------------------------------|----------|-------------------|-----------|---------------|-----------|-------------|---------|---------------|---------------|--------|---------|
| Spare Ribs                                                            | 900      | 660               | 72g       | 27g           | 0g        | 150mg       | 990mg   | 7g            | < 1g          | 7g     | 56g     |
| <b>MR. JIM'S DELUXE COMBO</b>                                         |          |                   |           |               |           |             |         |               |               |        |         |
|                                                                       | Calories | Calories from Fat | Total Fat | Saturated Fat | Trans Fat | Cholesterol | Sodium  | Carbohydrates | Dietary Fiber | Sugars | Protein |
| MR. JIM'S DELUXE COMBO - Meats, Sauce, and Pickles                    | 5620     | 3790              | 417g      | 139g          | 1.5g      | 1255mg      | 13790mg | 84g           | 7g            | 67g    | 369g    |
| <b>MR. JIM'S TRIMMINGS</b>                                            |          |                   |           |               |           |             |         |               |               |        |         |
| Baked Beans                                                           | 1230     | 270               | 30g       | 8g            | 4.5g      | 20mg        | 4250mg  | 205g          | 26g           | 114g   | 37g     |
| Coleslaw                                                              | 740      | 570               | 63g       | 12g           | 0g        | 55mg        | 990mg   | 41g           | 12g           | 26g    | 6g      |
| Mac & Cheese                                                          | 2020     | 1110              | 124g      | 69g           | 4.5g      | 325mg       | 5110mg  | 123g          | 5g            | 26g    | 99g     |
| Mashed Potatoes                                                       | 1480     | 800               | 88g       | 23g           | 18g       | 30mg        | 3480mg  | 155g          | 11g           | 15g    | 24g     |
| w/Brown Gravy - add                                                   | 80       | 45                | 5g        | 1g            | 1g        | < 5mg       | 560mg   | 7g            | < 1g          | 1g     | 3g      |
| Mixed Fruit                                                           | 220      | 10                | 1g        | 0g            | **        | 0mg         | 70mg    | 55g           | 8g            | 45g    | 4g      |
| Slow-Cooked Collards                                                  | 500      | 230               | 26g       | 9g            | 0g        | 55mg        | 8270mg  | 52g           | 18g           | 25g    | 23g     |
| <b>MR. JIM'S TRIMMINGS - Vegetables of the Day</b>                    |          |                   |           |               |           |             |         |               |               |        |         |
| Black Eyed Peas                                                       | 550      | 110               | 12g       | 4.5g          | 0g        | 15mg        | 2300mg  | 81g           | 14g           | 6g     | 29g     |
| Green Beans                                                           | 740      | 460               | 51g       | 13g           | 8g        | 70mg        | 7810mg  | 49g           | 15g           | 24g    | 29g     |
| Steamed Cabbage                                                       | 580      | 330               | 37g       | 11g           | 5g        | 25mg        | 2240mg  | 46g           | 13g           | 23g    | 20g     |
| Stewed Okra & Tomatoes                                                | 360      | 150               | 16g       | 4g            | 3g        | < 5mg       | 2260mg  | 43g           | 9g            | 20g    | 9g      |
| Succotash                                                             | 540      | 190               | 18g       | 5g            | 0g        | 40mg        | 2400mg  | 69g           | 13g           | 21g    | 22g     |
| Sweet Potato Casserole                                                | 1700     | 640               | 54g       | 3.5g          | 0g        | 255mg       | 1470mg  | 247g          | 28g           | 85g    | 23g     |
| <b>BAR-B-Q SANDWICHES</b> (does not include bread, sauce, or pickles) |          |                   |           |               |           |             |         |               |               |        |         |
|                                                                       | Calories | Calories from Fat | Total Fat | Saturated Fat | Trans Fat | Cholesterol | Sodium  | Carbohydrates | Dietary Fiber | Sugars | Protein |
| BEEF BRISKET                                                          | 520      | 380               | 43g       | 17g           | 0g        | 135mg       | 940mg   | < 1g          | < 1g          | 0g     | 29g     |
| CAROLINA STYLE PORK                                                   | 350      | 160               | 18g       | 6g            | 0g        | 120mg       | 1480mg  | 6g            | < 1g          | 4g     | 37g     |
| SMOKED CHICKEN                                                        | 420      | 250               | 27g       | 8g            | 0g        | 130mg       | 1310mg  | 9g            | < 1g          | 8g     | 33g     |
| SMOKED HAM                                                            | 340      | 190               | 22g       | 7g            | 0g        | 110mg       | 2480mg  | 7g            | < 1g          | 5g     | 29g     |
| SMOKED PORK                                                           | 310      | 130               | 15g       | 6g            | 0g        | 115mg       | 1430mg  | 4g            | < 1g          | 3g     | 37g     |
| SMOKED TURKEY                                                         | 200      | 25                | 3.5g      | 1g            | 0g        | 80mg        | 1760mg  | 5g            | < 1g          | 1g     | 38g     |
| DOUBLE DECKER (includes bread, sauce, and pickles)                    | 850      | 430               | 48 g      | 15 g          | 2 g       | 150 mg      | 2320 mg | 54 g          | 2 g           | 11 g   | 50 g    |

|                                                         | Calories | Cal frm Fat       | Total Fat | Sat. Fat      | Trans Fat | Cholesterol | Sodium  | Carbs         | Fiber         | Sugars | Protein |
|---------------------------------------------------------|----------|-------------------|-----------|---------------|-----------|-------------|---------|---------------|---------------|--------|---------|
| <b>GRILL - PLATES</b>                                   | Calories | Calories from Fat | Total Fat | Saturated Fat | Trans Fat | Cholesterol | Sodium  | Carbohydrates | Dietary Fiber | Sugars | Protein |
| GRILLED CATFISH PLATE (includes Tartar Sauce and Lemon) |          |                   |           |               |           |             |         |               |               |        |         |
| 1 Fillet                                                | 500      | 400               | 44 g      | 8 g           | 0 g       | 115 mg      | 1190 mg | 3 g           | < 1 g         | 1 g    | 23 g    |
| 2 Fillets                                               | 620      | 430               | 47 g      | 9 g           | 0 g       | 190 mg      | 2110 mg | 4 g           | < 1 g         | 1 g    | 46 g    |
| GRILLED CHICKEN PLATE                                   | 520      | 120               | 14 g      | 2 g           | 1 g       | 230 mg      | 2750 mg | < 1 g         | 0 g           | 0 g    | 92 g    |
| RIBEYE                                                  | 860      | 610               | 68g       | 30g           | 4g        | 230mg       | 760mg   | < 1g          | < 1g          | 0g     | 63g     |
|                                                         |          |                   |           |               |           |             |         |               |               |        |         |
| <b>GRILL - SANDWICHES</b> (does not include bread)      | Calories | Calories from Fat | Total Fat | Saturated Fat | Trans Fat | Cholesterol | Sodium  | Carbohydrates | Dietary Fiber | Sugars | Protein |
| ADD BACON (2 SLICES)                                    | 280      | 210               | 22g       | 9g            | 0g        | 65mg        | 1390mg  | < 1g          | < 1g          | < 1g   | 19g     |
| 1920 BURGER                                             | 730      | 510               | 57g       | 25g           | 2.5g      | 190mg       | 1700mg  | 4g            | < 1g          | 0g     | 47g     |
| BURGER DAVE                                             | 830      | 600               | 67g       | 27g           | 2.5g      | 200mg       | 1820mg  | 8g            | < 1g          | 4g     | 48g     |
| GRILLED CATFISH SANDWICH                                | 290      | 190               | 21g       | 4g            | 0g        | 90mg        | 1130mg  | 3g            | < 1g          | 2g     | 23g     |
| GRILLED CHICKEN SANDWICH                                | 360      | 140               | 16g       | 2.5g          | 0.5g      | 125mg       | 1430mg  | 3g            | < 1g          | 2g     | 47g     |
| JT PIMENTO BURGER                                       | 890      | 670               | 74g       | 27g           | 2.5g      | 210mg       | 1410mg  | 7g            | < 1g          | 4g     | 48g     |
| MUSHROOM SWISS BURGER                                   | 1190     | 880               | 95g       | 34g           | 2.5g      | 270mg       | 2530mg  | 10g           | 2g            | 4g     | 68g     |
| SOUTHERN BURGER                                         | 1060     | 740               | 81g       | 32g           | 4.5g      | 240mg       | 2680mg  | 16g           | < 1g          | 13g    | 63g     |
|                                                         |          |                   |           |               |           |             |         |               |               |        |         |
| <b>SOUTHERN FAVORITES</b>                               | Calories | Calories from Fat | Total Fat | Saturated Fat | Trans Fat | Cholesterol | Sodium  | Carbohydrates | Dietary Fiber | Sugars | Protein |
| FRIED CATFISH PLATE (includes Tartar Sauce and Lemon)   |          |                   |           |               |           |             |         |               |               |        |         |
| 1 Fillet                                                | 810      | 630               | 69g       | 13g           | 0g        | 135mg       | 1320mg  | 17g           | 5g            | 1g     | 30g     |
| 2 Fillets                                               | 1250     | 880               | 98g       | 19g           | 0g        | 230mg       | 2380mg  | 32g           | 10g           | 2g     | 61g     |
| FRIED CHICKEN TENDERS (Tenders Only)                    |          |                   |           |               |           |             |         |               |               |        |         |
| Basket                                                  | 430      | 190               | 21g       | 4g            | 0g        | 100mg       | 1290mg  | 20g           | 3g            | 0g     | 39g     |
| Plate                                                   | 570      | 250               | 28g       | 5g            | 0g        | 135mg       | 1720mg  | 27g           | 4g            | 0g     | 52g     |
| SANDWICHES (does not include bread)                     |          |                   |           |               |           |             |         |               |               |        |         |
| FRIED CATFISH SANDWICH                                  | 610      | 420               | 46g       | 9g            | 0g        | 110mg       | 1270mg  | 17g           | 5g            | 2g     | 31g     |
| ORIGINAL TURKEY SANDWICH                                | 250      | 60                | 7g        | 1.5g          | 0g        | 80mg        | 1820mg  | 10g           | < 1g          | 5g     | 39g     |
| PIMENTO CHEESE SANDWICH                                 | 410      | 330               | 36g       | 17g           | 0g        | 85mg        | 550mg   | 4g            | 1g            | 2g     | 18g     |
| SMOKED CUBAN SANDWICH                                   | 600      | 390               | 43g       | 14g           | 1.5g      | 145mg       | 2330mg  | 12g           | < 1g          | 7g     | 41g     |
|                                                         |          |                   |           |               |           |             |         |               |               |        |         |

|                                                             | Calories | Cal frm Fat       | Total Fat | Sat. Fat      | Trans Fat | Cholesterol | Sodium  | Carbs         | Fiber         | Sugars | Protein |
|-------------------------------------------------------------|----------|-------------------|-----------|---------------|-----------|-------------|---------|---------------|---------------|--------|---------|
| <b>DESSERTS</b>                                             | Calories | Calories from Fat | Total Fat | Saturated Fat | Trans Fat | Cholesterol | Sodium  | Carbohydrates | Dietary Fiber | Sugars | Protein |
| <b>BY THE SERVING</b>                                       |          |                   |           |               |           |             |         |               |               |        |         |
| Banana Pudding                                              | 730      | 350               | 37 g      | 17 g          | 0 g       | 300 mg      | 290 mg  | 86 g          | < 1 g         | 72 g   | 6 g     |
| Chocolate Cream Pie - SLICE                                 | 830      | 450               | 47g       | 21g           | 0g        | 340mg       | 280mg   | 84g           | 3g            | 65g    | 9g      |
| Coconut Pie - SLICE                                         | 860      | 480               | 51g       | 26g           | 0g        | 300mg       | 320mg   | 81g           | 2g            | 59g    | 8g      |
| Lemon Ice Box - SLICE                                       | 900      | 450               | 47 g      | 22 g          | 0 g       | 360 mg      | 250 mg  | 96 g          | < 1g          | 85 g   | 11 g    |
| Peanut Butter Pie - SLICE                                   | 950      | 620               | 62 g      | 22 g          | 0 g       | 425 mg      | 470 mg  | 73 g          | 2 g           | 55 g   | 13 g    |
| Pecan Pie - SLICE                                           | 680      | 430               | 43 g      | 6 g           | 0 g       | 115 mg      | 230 mg  | 55 g          | 4 g           | 35 g   | 8 g     |
| <b>WHOLE PAN OR PIE</b>                                     |          |                   |           |               |           |             |         |               |               |        |         |
| Banana Pudding - Whole                                      | 8800     | 4200              | 447g      | 200g          | 0g        | 3590mg      | 3430mg  | 1027g         | 12g           | 859g   | 72g     |
| Chocolate Cream Pie                                         | 5790     | 3140              | 331g      | 144g          | 0g        | 2370mg      | 1970mg  | 590g          | 22g           | 458g   | 61g     |
| Coconut Pie                                                 | 6020     | 3350              | 360g      | 181g          | 0g        | 2100mg      | 2240mg  | 570g          | 11g           | 415g   | 55g     |
| Lemon Ice Box Pie                                           | 6320     | 3120              | 331 g     | 156 g         | 0 g       | 2505 mg     | 1780 mg | 675 g         | < 1g          | 597 g  | 77 g    |
| Peanut Butter Pie                                           | 6670     | 4180              | 437 g     | 151 g         | 0 g       | 2980 mg     | 3290 mg | 509 g         | 14 g          | 387 g  | 94 g    |
| Pecan Pie                                                   | 4750     | 3030              | 303 g     | 41 g          | 0 g       | 800 mg      | 1620 mg | 388 g         | 27 g          | 248 g  | 57 g    |
|                                                             |          |                   |           |               |           |             |         |               |               |        |         |
| <b>KIDS</b>                                                 | Calories | Calories from Fat | Total Fat | Saturated Fat | Trans Fat | Cholesterol | Sodium  | Carbohydrates | Dietary Fiber | Sugars | Protein |
| <b>CHICKEN TENDERS</b>                                      | 280      | 130               | 14g       | 2.5g          | 0g        | 65mg        | 860mg   | 13g           | 2g            | 0g     | 26g     |
| <b>CLASSIC SPARE RIBS PLATE</b>                             | 900      | 660               | 72g       | 27g           | 0g        | 150mg       | 1090mg  | 7g            | < 1g          | 7g     | 56g     |
| <b>GRILLED CHEESE</b>                                       | 360      | 170               | 19g       | 9g            | 1.5g      | 30mg        | 980mg   | 36g           | 2g            | 0g     | 14g     |
| <b>LITTLE DAVEY CHEESEBURGER</b>                            | 480      | 290               | 33g       | 13g           | 2g        | 95mg        | 890mg   | 19g           | 1g            | 1g     | 27g     |
| <b>LIL PIGGIE IN THE GARDEN (does not include dressing)</b> |          |                   |           |               |           |             |         |               |               |        |         |
| Pork                                                        | 260      | 150               | 17g       | 8g            | 0.5g      | 65mg        | 680mg   | 6g            | 2g            | 3g     | 19g     |
| Smoked Chicken                                              | 300      | 190               | 21g       | 9g            | 0.5g      | 65mg        | 650mg   | 8g            | 2g            | 4g     | 18g     |
| Macaroni & Cheese                                           | 670      | 370               | 41 g      | 23 g          | 1.5 g     | 105 mg      | 1690 mg | 41 g          | 2 g           | 9 g    | 33 g    |
| <b>QUESADILLA</b>                                           |          |                   |           |               |           |             |         |               |               |        |         |
| Beef Brisket                                                | 460      | 250               | 27g       | 13g           | 0g        | 70mg        | 880mg   | 31g           | 1g            | < 1g   | 21g     |
| Cheese                                                      | 310      | 130               | 15g       | 8g            | 0g        | 25mg        | 600mg   | 31g           | 1g            | < 1g   | 13g     |
| Ham                                                         | 410      | 190               | 21g       | 10g           | 0g        | 60mg        | 1340mg  | 33g           | 1g            | 2g     | 21g     |
| Pork                                                        | 400      | 170               | 19g       | 10g           | 0g        | 60mg        | 1030mg  | 32g           | 1g            | 2g     | 24g     |
| Smoked Chicken                                              | 430      | 210               | 23g       | 10g           | 0g        | 65mg        | 990mg   | 33g           | 1g            | 3g     | 22g     |

|                                           | Calories | Cal frm Fat       | Total Fat | Sat. Fat      | Trans Fat | Cholesterol | Sodium  | Carbs         | Fiber         | Sugars | Protein |
|-------------------------------------------|----------|-------------------|-----------|---------------|-----------|-------------|---------|---------------|---------------|--------|---------|
| Turkey                                    | 370      | 140               | 16g       | 8g            | 0g        | 50mg        | 1130mg  | 32g           | 1g            | 1g     | 24g     |
| <b>SLIDERS</b>                            |          |                   |           |               |           |             |         |               |               |        |         |
| Beef Brisket                              | 360      | 190               | 22 g      | 7 g           | 0.5 g     | 55 mg       | 760 mg  | 25 g          | 1 g           | 7 g    | 16 g    |
| Ham                                       | 290      | 120               | 14 g      | 3.5 g         | 0.5 g     | 45 mg       | 1380 mg | 28 g          | 1 g           | 9 g    | 16 g    |
| Pork                                      | 280      | 90                | 11 g      | 3 g           | 0.5 g     | 45 mg       | 960 mg  | 26 g          | 1 g           | 8 g    | 19 g    |
| Smoked Chicken                            | 320      | 140               | 16 g      | 3.5 g         | 0.5 g     | 55 mg       | 910 mg  | 28 g          | 1 g           | 10 g   | 17 g    |
| Turkey                                    | 230      | 50                | 6 g       | 1 g           | 0.5 g     | 30 mg       | 1090 mg | 27 g          | 1 g           | 8 g    | 19 g    |
| <b>SMOKED CHICKEN DRUMMIES</b>            | 400      | 250               | 28g       | 8g            | 0g        | 120mg       | 1450mg  | 10g           | < 1g          | 9g     | 25g     |
|                                           |          |                   |           |               |           |             |         |               |               |        |         |
| <b>LUNCH</b>                              | Calories | Calories from Fat | Total Fat | Saturated Fat | Trans Fat | Cholesterol | Sodium  | Carbohydrates | Dietary Fiber | Sugars | Protein |
| <b>SALADS (does not include dressing)</b> |          |                   |           |               |           |             |         |               |               |        |         |
| <b>CHOPPED SOUTHERN SALAD</b>             |          |                   |           |               |           |             |         |               |               |        |         |
| Beef Brisket                              | 990      | 690               | 77g       | 29g           | 1g        | 165mg       | 1820mg  | 27g           | 6g            | 11g    | 45g     |
| Grilled Chicken                           | 700      | 410               | 46g       | 16g           | 1.5g      | 115mg       | 1750mg  | 27g           | 6g            | 11g    | 45g     |
| Ham                                       | 850      | 540               | 60g       | 22g           | 1g        | 145mg       | 3050mg  | 32g           | 6g            | 15g    | 46g     |
| Pork                                      | 820      | 490               | 54g       | 20g           | 1g        | 150mg       | 2210mg  | 30g           | 6g            | 14g    | 52g     |
| Smoked Chicken                            | 910      | 580               | 64g       | 22g           | 1g        | 165mg       | 2110mg  | 34g           | 6g            | 18g    | 48g     |
| Tenders                                   | 860      | 510               | 57g       | 18g           | 1g        | 125mg       | 1930mg  | 40g           | 8g            | 11g    | 48g     |
| Turkey                                    | 730      | 410               | 45g       | 17g           | 1g        | 120mg       | 2470mg  | 31g           | 6g            | 12g    | 53g     |
| <b>CLASSIC GREEK SALAD</b>                |          |                   |           |               |           |             |         |               |               |        |         |
| Beef Brisket                              | 570      | 390               | 44g       | 18g           | 0g        | 255mg       | 2020mg  | 8g            | 3g            | 3g     | 32g     |
| Grilled Chicken                           | 290      | 120               | 14g       | 5g            | 0g        | 205mg       | 1950mg  | 7g            | 2g            | 3g     | 32g     |
| Ham                                       | 430      | 240               | 28g       | 10g           | 0g        | 235mg       | 3250mg  | 13g           | 2g            | 7g     | 33g     |
| Pork                                      | 410      | 190               | 22g       | 9g            | 0g        | 240mg       | 2410mg  | 11g           | 3g            | 5g     | 39g     |
| Smoked Chicken                            | 500      | 280               | 32g       | 11g           | 0g        | 250mg       | 2320mg  | 14g           | 3g            | 9g     | 35g     |
| Tenders                                   | 440      | 210               | 24g       | 7g            | 0g        | 215mg       | 2130mg  | 21g           | 5g            | 3g     | 35g     |
| Turkey                                    | 320      | 110               | 13g       | 5g            | 0g        | 210mg       | 2670mg  | 11g           | 2g            | 4g     | 40g     |
| <b>PIGGIE IN THE GARDEN</b>               |          |                   |           |               |           |             |         |               |               |        |         |
| Beef Brisket                              | 910      | 660               | 75g       | 29g           | 1g        | 165mg       | 1770mg  | 12g           | 5g            | 4g     | 46g     |
| Grilled Chicken                           | 630      | 390               | 44g       | 16g           | 1g        | 115mg       | 1710mg  | 12g           | 5g            | 4g     | 45g     |
| Ham                                       | 770      | 510               | 58g       | 21g           | 1g        | 145mg       | 3010mg  | 18g           | 5g            | 8g     | 46g     |
| Pork                                      | 750      | 460               | 52g       | 20g           | 1g        | 150mg       | 2160mg  | 15g           | 5g            | 6g     | 52g     |

|                                                                         | Calories | Cal frm Fat | Total Fat | Sat. Fat | Trans Fat | Cholesterol | Sodium  | Carbs | Fiber | Sugars | Protein |
|-------------------------------------------------------------------------|----------|-------------|-----------|----------|-----------|-------------|---------|-------|-------|--------|---------|
| Smoked Chicken                                                          | 840      | 550         | 62g       | 22g      | 1g        | 165mg       | 2070mg  | 19g   | 5g    | 10g    | 49g     |
| Tenders                                                                 | 780      | 480         | 55g       | 18g      | 1g        | 125mg       | 1880mg  | 25g   | 7g    | 4g     | 48g     |
| Turkey                                                                  | 660      | 380         | 43g       | 16g      | 1g        | 120mg       | 2430mg  | 16g   | 5g    | 5g     | 53g     |
| PIGGIE POTATO                                                           |          |             |           |          |           |             |         |       |       |        |         |
| Beef Brisket                                                            | 1080     | 660         | 71 g      | 31 g     | 2.5 g     | 175 mg      | 1230 mg | 63 g  | 6 g   | 13 g   | 41 g    |
| Ham                                                                     | 940      | 510         | 55 g      | 23 g     | 2.5 g     | 150 mg      | 2460 mg | 69 g  | 6 g   | 17 g   | 41 g    |
| Pork                                                                    | 910      | 460         | 49 g      | 22 g     | 2.5 g     | 155 mg      | 1620 mg | 66 g  | 6 g   | 15 g   | 47 g    |
| Smoked Chicken                                                          | 1000     | 560         | 59 g      | 23 g     | 2.5 g     | 170 mg      | 1520 mg | 70 g  | 6 g   | 19 g   | 44 g    |
| Turkey                                                                  | 820      | 380         | 40 g      | 18 g     | 2.5 g     | 125 mg      | 1880 mg | 67 g  | 6 g   | 14 g   | 48 g    |
| LUNCH PLATES                                                            |          |             |           |          |           |             |         |       |       |        |         |
| GRILLED CHICKEN LUNCH PLATE (includes Side Salad)                       | 430      | 200         | 24g       | 2.5g     | 0.5g      | 115mg       | 1720mg  | 6g    | 2g    | 3g     | 47g     |
| TURKEY LUNCH PLATE (includes Side Salad)                                | 570      | 370         | 42g       | 6g       | 0g        | 95mg        | 2330mg  | 12g   | 1g    | 6g     | 39g     |
| SPRING MIX SIDE SALAD                                                   | 160      | 150         | 18g       | 1.5g     | 0g        | 0mg         | 160mg   | 3g    | 1g    | 2g     | < 1g    |
| OPEN FACED BEEF & GRAVY (does not include Fries)                        | 590      | 370         | 41g       | 15g      | 1.5g      | 110mg       | 1230mg  | 24g   | 1g    | < 1g   | 28g     |
| LOADED MAC (includes Side Salad)                                        |          |             |           |          |           |             |         |       |       |        |         |
| Beef Brisket                                                            | 1250     | 800         | 93 g      | 37 g     | 1.5 g     | 215 mg      | 2600 mg | 45 g  | 3 g   | 10 g   | 57 g    |
| Ham                                                                     | 1100     | 660         | 76 g      | 30 g     | 1.5 g     | 195 mg      | 3840 mg | 50 g  | 3 g   | 14 g   | 57 g    |
| Pork                                                                    | 1080     | 610         | 70 g      | 28 g     | 1.5 g     | 200 mg      | 2990 mg | 48 g  | 3 g   | 13 g   | 63 g    |
| Smoked Chicken                                                          | 1170     | 700         | 80 g      | 30 g     | 1.5 g     | 210 mg      | 2900 mg | 52 g  | 3 g   | 17 g   | 60 g    |
| Turkey                                                                  | 990      | 520         | 61 g      | 25 g     | 1.5 g     | 170 mg      | 3250 mg | 49 g  | 3 g   | 12 g   | 64 g    |
| LUNCH SANDWICHES (does not include Bread, Sauce, Pickles, or BBQ Chips) |          |             |           |          |           |             |         |       |       |        |         |
| BEEF BRISKET                                                            | 520      | 380         | 43g       | 17g      | 0g        | 135mg       | 940mg   | < 1g  | < 1g  | 0g     | 29g     |
| CAROLINA-STYLE PORK                                                     | 350      | 160         | 18g       | 6g       | 0g        | 120mg       | 1480mg  | 6g    | < 1g  | 4g     | 37g     |
| CLASSIC PULLED PORK                                                     | 310      | 130         | 15g       | 6g       | 0g        | 115mg       | 1430mg  | 4g    | < 1g  | 3g     | 37g     |
| MORGAN CO. BBQ CHICKEN                                                  | 420      | 250         | 27g       | 8g       | 0g        | 130mg       | 1310mg  | 9g    | < 1g  | 8g     | 33g     |
| SMOKED HAM                                                              | 340      | 190         | 22g       | 7g       | 0g        | 110mg       | 2480mg  | 7g    | < 1g  | 5g     | 29g     |
| MORGAN CO. TURKEY BREAST                                                | 200      | 25          | 3.5g      | 1g       | 0g        | 80mg        | 1760mg  | 5g    | < 1g  | 1g     | 38g     |
| BURGERS (does not include bread)                                        |          |             |           |          |           |             |         |       |       |        |         |
| BURGER 1920                                                             | 580      | 410         | 46g       | 21g      | 2g        | 150mg       | 1660mg  | 4g    | < 1g  | 0g     | 37g     |
| HAMBURGER DAVE                                                          | 690      | 500         | 56g       | 23g      | 2g        | 160mg       | 1650mg  | 8g    | < 1g  | 4g     | 38g     |
| JT PIMENTO BURGER                                                       | 750      | 560         | 62g       | 23g      | 2g        | 170mg       | 1240mg  | 7g    | < 1g  | 4g     | 38g     |
| MUSHROOM SWISS BURGER                                                   | 1040     | 780         | 84g       | 30g      | 2g        | 230mg       | 2360mg  | 10g   | 2g    | 4g     | 59g     |

|                                                         | Calories | Cal frm Fat       | Total Fat | Sat. Fat      | Trans Fat | Cholesterol | Sodium | Carbs         | Fiber         | Sugars | Protein |
|---------------------------------------------------------|----------|-------------------|-----------|---------------|-----------|-------------|--------|---------------|---------------|--------|---------|
| SOUTHERN BURGER                                         | 920      | 630               | 69g       | 28g           | 3.5g      | 200mg       | 2510mg | 16g           | < 1g          | 13g    | 54g     |
|                                                         |          |                   |           |               |           |             |        |               |               |        |         |
| <b>DAILY FEATURES</b>                                   | Calories | Calories from Fat | Total Fat | Saturated Fat | Trans Fat | Cholesterol | Sodium | Carbohydrates | Dietary Fiber | Sugars | Protein |
| CHICKEN FRIED CHICKEN                                   | 670      | 350               | 39g       | 8g            | 0.5g      | 170mg       | 1610mg | 24g           | 3g            | 2g     | 55g     |
| W/WHITE GRAVY - ADD                                     | 60       | 35                | 4g        | 1.5g          | 0g        | 5mg         | 330mg  | 5g            | < 1g          | 2g     | 2g      |
| CLAIRMONT PLATE - includes Fries, Baked Beans, and Slaw |          |                   |           |               |           |             |        |               |               |        |         |
| 1/2 Dark                                                | 1780     | 880               | 98g       | 24g           | 1.5g      | 235mg       | 5100mg | 159g          | 14g           | 71g    | 62g     |
| 1/2 Mixed                                               | 1930     | 930               | 103g      | 25g           | 1.5g      | 290mg       | 5320mg | 160g          | 14g           | 72g    | 85g     |
| 1/2 White                                               | 1850     | 820               | 90g       | 22g           | 1.5g      | 275mg       | 5010mg | 158g          | 14g           | 70g    | 96g     |
| 1/4 Dark                                                | 1410     | 640               | 71g       | 16g           | 1.5g      | 125mg       | 3830mg | 150g          | 14g           | 63g    | 39g     |
| 1/4 White                                               | 1440     | 610               | 68g       | 15g           | 1.5g      | 145mg       | 3780mg | 150g          | 14g           | 62g    | 56g     |
| PORK                                                    | 1530     | 620               | 69g       | 18g           | 1.5g      | 200mg       | 4850mg | 148g          | 14g           | 60g    | 75g     |
| PRIME RIB                                               | 1010     | 720               | 79g       | 35g           | 5g        | 270mg       | 1580mg | < 1g          | < 1g          | 0g     | 73g     |
| w/Au Jus - Add                                          | 10       | 5                 | 0.5g      | 0g            | 0g        | 0mg         | 1060mg | 1g            | < 1g          | 0g     | 1g      |
| PRIME RIB SANDWICH                                      | 1240     | 850               | 94g       | 36g           | 4g        | 220mg       | 2800mg | 39g           | 2g            | 5g     | 66g     |
| w/Au Jus - Add                                          | 10       | 5                 | 0.5g      | 0g            | 0g        | 0mg         | 1060mg | 1g            | < 1g          | 0g     | 1g      |
| TACO TUESDAY                                            |          |                   |           |               |           |             |        |               |               |        |         |
| Beef                                                    | 320      | 180               | 20g       | 7g            | 0g        | 55mg        | 790mg  | 19g           | 2g            | 2g     | 15g     |
| Brisket & Hot Link                                      | 320      | 170               | 19g       | 8g            | 0g        | 55mg        | 780mg  | 18g           | 2g            | 1g     | 17g     |
| Catfish                                                 | 430      | 280               | 31g       | 6g            | 0g        | 45mg        | 970mg  | 27g           | 4g            | 3g     | 12g     |
| Chicken                                                 | 550      | 290               | 32g       | 12g           | 0g        | 85mg        | 1450mg | 39g           | 3g            | 6g     | 26g     |
| Chicken Tender                                          | 300      | 130               | 15g       | 3g            | 0g        | 35mg        | 900mg  | 26g           | 3g            | 3g     | 16g     |
| Grilled Steak                                           | 300      | 160               | 16g       | 6g            | 0.5g      | 50mg        | 480mg  | 21g           | 2g            | 3g     | 14g     |
| Pork                                                    | 340      | 160               | 18g       | 9g            | 0g        | 70mg        | 1060mg | 20g           | 1g            | 3g     | 25g     |
| Street                                                  | 230      | 80                | 9g        | 3g            | 0g        | 45mg        | 900mg  | 20g           | 1g            | 3g     | 18g     |
| CHIPS & SALSA                                           | 660      | 290               | 32g       | 6g            | 0g        | 0mg         | 410mg  | 86g           | 10g           | 4g     | 8g      |
|                                                         |          |                   |           |               |           |             |        |               |               |        |         |
| <b>CRAFT COCKTAILS</b>                                  | Calories | Cal from Fat      | Total Fat | Saturated Fat | Trans Fat | Cholesterol | Sodium | Carbohydrates | Dietary Fiber | Sugars | Protein |
| CLASSIC BLOODY MARY                                     | 180      | 15                | 1.5g      | 0g            | 0g        | 0mg         | 990mg  | 8g            | 2g            | 3g     | 1g      |
| CLASSIC MARGARITA                                       | 460      | 0                 | 0g        | 0g            | 0g        | 0mg         | 970mg  | 7g            | 82g           | 4g     | < 1g    |
| CROWNING ACHIEVEMENT                                    | 210      | 0                 | 0g        | 0g            | 0g        | 0mg         | 0mg    | 1g            | 20g           | < 1g   | < 1g    |

|                          | Calories | Cal frm Fat  | Total Fat | Sat. Fat      | Trans Fat | Cholesterol | Sodium | Carbs         | Fiber         | Sugars | Protein |
|--------------------------|----------|--------------|-----------|---------------|-----------|-------------|--------|---------------|---------------|--------|---------|
| DARK & STORMY            | 200      | 0            | 0g        | 0g            | 0g        | 0mg         | 0mg    | 18g           | 0g            | 16g    | < 1g    |
| HOUSE MARGARITA          | 420      | 0            | 0g        | 0g            | 0g        | 0mg         | 970mg  | 8g            | 72g           | 4g     | < 1g    |
| ISLAND BOUND             | 230      | 0            | 0g        | 0g            | 0g        | 0mg         | 0mg    | 5g            | 21g           | 5g     | < 1g    |
| PEACHY-KEEN              | 230      | 0            | 0g        | 0g            | 0g        | 0mg         | 0mg    | 16g           | 23g           | 15g    | < 1g    |
| SAINT MARGARITA          | 230      | 0            | 0g        | 0g            | 0g        | 0mg         | 0mg    | 4g            | 12g           | 1g     | < 1g    |
| TOP SHELF MARGARITA      | 420      | 0            | 0g        | 0g            | 0g        | 0mg         | 5mg    | 6g            | 72g           | 3g     | < 1g    |
| WARD'S OLD FASHIONED     | 170      | 0            | 0g        | 0g            | 0g        | 0mg         | 0mg    | 2g            | 5g            | 0g     | < 1g    |
|                          |          |              |           |               |           |             |        |               |               |        |         |
| <b>BEVERAGES</b>         | Calories | Cal from Fat | Total Fat | Saturated Fat | Trans Fat | Cholesterol | Sodium | Carbohydrates | Dietary Fiber | Sugars | Protein |
| BARQ'S ROOT BEER         | 160      | 0            | 0         | 0             | 0         | 0           | 65     | 45            | 0             | 45     | 0       |
| COCA-COLA                | 150      | 0            | 0         | 0             | 0         | 0           | 35     | 40            | 0             | 40     | 0       |
| COCA-COLA ZERO           | 0        | 0            | 0         | 0             | 0         | 0           | 40     | 0             | 0             | 0      | 0       |
| DIET COKE                | 0        | 0            | 0         | 0             | 0         | 0           | 45     | 0             | 0             | 0      | 0       |
| HI-C FLASHN' FRUIT PUNCH | 150      | 0            | 0         | 0             | 0         | 0           | 50     | 42            | 0             | 41     | 0       |
| PIBB XTRA                | 140      | 0            | 0         | 0             | 0         | 0           | 55     | 39            | 0             | 39     | 0       |
| SPRITE                   | 140      | 0            | 0         | 0             | 0         | 0           | 65     | 39            | 0             | 39     | 0       |
| DAVE'S LEMONADE          | 160      | 0g           | 0         | 0g            | 0g        | 0mg         | 10mg   | 3g            | 40g           | < 1g   | 0g      |
| DOROTHY'S SWEET TEA      | 120      | 0g           | 0         | 0g            | 0g        | 0mg         | 5mg    | < 1g          | 31g           | 0g     | 0g      |
| DOROTHY'S UNSWEET TEA    | 0        | 0g           | 0         | 0g            | **        | 0mg         | 10mg   | < 1g          | 0g            | 0g     | 0g      |
| THE PALMER               | 140      | 0g           | 0         | 0g            | 0g        | 0mg         | 10mg   | 2g            | 37g           | 0g     | 0g      |
|                          |          |              |           |               |           |             |        |               |               |        |         |
| <b>KID'S BEVERAGES</b>   | Calories | Cal from Fat | Total Fat | Saturated Fat | Trans Fat | Cholesterol | Sodium | Carbohydrates | Dietary Fiber | Sugars | Protein |
| BARQ'S ROOT BEER         | 120      | 0            | 0         | 0             | 0         | 0           | 50     | 33            | 0             | 33     | 0       |
| COCA-COLA                | 110      | 0            | 0         | 0             | 0         | 0           | 25     | 29            | 0             | 29     | 0       |
| COCA-COLA ZERO           | 0        | 0            | 0         | 0             | 0         | 0           | 30     | 0             | 0             | 0      | 0       |
| DIET COKE                | 0        | 0            | 0         | 0             | 0         | 0           | 35     | 0             | 0             | 0      | 0       |
| HI-C FLASHN' FRUIT PUNCH | 110      | 0            | 0         | 0             | 0         | 0           | 40     | 31            | 0             | 30     | 0       |
| PIBB XTRA                | 100      | 0            | 0         | 0             | 0         | 0           | 40     | 28            | 0             | 28     | 0       |
| SPRITE                   | 100      | 0            | 0         | 0             | 0         | 0           | 45     | 28            | 0             | 28     | 0       |
| DAVE'S LEMONADE          | 130      | 0g           | 0         | 0g            | 0g        | 0mg         | 5mg    | 2g            | 33g           | < 1g   | 0g      |
| DOROTHY'S SWEET TEA      | 100      | 0g           | 0         | 0g            | 0g        | 0mg         | 5mg    | < 1g          | 27g           | 0g     | 0g      |



|                       | Calories | Cal frm Fat | Total Fat | Sat. Fat | Trans Fat | Cholesterol | Sodium | Carbs | Fiber | Sugars | Protein |
|-----------------------|----------|-------------|-----------|----------|-----------|-------------|--------|-------|-------|--------|---------|
| DOROTHY'S UNSWEET TEA | 0        | 0g          | 0         | 0g       | **        | 0mg         | 5mg    | < 1g  | 0g    | 0g     | 0g      |
| MILK                  | 300      | 16g         | 140       | 10g      | 0g        | 70mg        | 240mg  | 24g   | 0g    | 22g    | 16g     |
|                       |          |             |           |          |           |             |        |       |       |        |         |